

Living with diabetes?

Your own self-management platform — free.



Everything you need, all in one place



Free Online Courses

15+ NHS-approved courses to help you understand and manage your diabetes, whatever type.



Your NHS Data

Securely view your information and track your progress — plus sync your fitness devices.



Set Your Goals

Build healthy routines, set achievable goals and stay motivated with practical support.



Your Language

Support available in 99 languages, including Polish, Bengali, Urdu and Turkish.

Get started today

Register for free



diabetesmyway.nhs.uk/registration

Questions or need support?

✉ Email info@mwdh.co.uk or ask your GP practice about MyWay Diabetes.



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