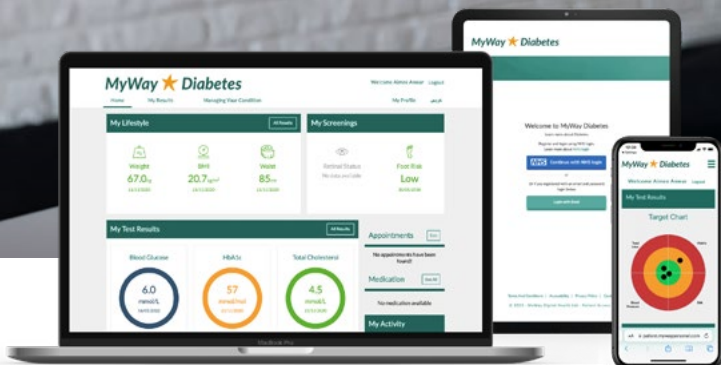


Helping you manage your diabetes, for free.



Get support to set achievable goals for your diabetes self-care

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Secure online access to your GP healthcare diabetes data
- Understand more about living with diabetes
Join accredited diabetes courses
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Including Polish, Spanish and Urdu

 Register using NHS login

 haringey.mydiabetes.com
info@mwdh.co.uk

I have had type 1 diabetes for 49 years and wish there had been structured education such as this then...

Person living with type 1

I have lost 1 stone and 9 pounds since end of April. . . My blood sugar level has gone down to a prediabetes level. Thanks!

Person living with type 2



Individual results may vary.

