





Get support to set achievable goals for your diabetes self-care

Person living with type 1

Register for free today to:

- Access your NHS health information
 Secure online access to your GP healthcare diabetes data
- Understand more about living with diabetes
 Join accredited diabetes education
- Connect with devices including Fitbit
- Access resources in 99 languages Including Polish, Spanish and Urdu

I have lost 1 stone and 9 pounds since end of April... My blood sugar level has gone down to a prediabetes level. Thanks!



Person living with type 2

NHS Register using NHS login



