

Helping you managing your diabetes, for free.



I have had type 1 diabetes for 49 years and wish there had been structured education such as this then...

Person living with type 1

Get support to set achievable goals for your diabetes self-care

I have lost 1 stone and 9 pounds since end of April. . . My blood sugar level has gone down to a prediabetes level. Thanks!

Person living with type 2



Register for free today to:

- Access your NHS health information
Secure online access to your GP healthcare diabetes data
- Understand more about living with diabetes
Join accredited diabetes education
- Connect with devices - including Fitbit
- Access resources in 99 languages
Including Polish, Spanish and Urdu

 Register using NHS login

 nel.mydiabetes.com/registration
nelondon@mwdh.co.uk

