

Information for Patients

Digital Support For People with Diabetes



Scan the QR code to learn more

- ★ An online platform that helps people with all types of diabetes (and their families/carers) to learn more about their condition.
- ★ Provides secure access to diabetes health records, along with tailored information and advice, to help people with diabetes understand their results and improve the way they manage their condition. It is funded by the NHS and free to anyone with diabetes across Greater Manchester.

Key Features

- 🌐 Accredited eLearning courses
- 🌐 Open public access information site (>200 resources including multi-language content)
- 🌐 Secure online access to your own diabetes data, including:
 - Dashboards and graphs
 - Simple explanations to understand results
 - Tailored advice & support
 - Goal setting

Diabetes My Way also has ten NHS-approved eLearning courses for people with diabetes, including:

- 🌐 Understanding Type 1 Diabetes
- 🌐 Living with Type 1
- 🌐 Carbohydrate Counting
- 🌐 Considering an Insulin Pump?
- 🌐 My Insulin Pump
- 🌐 My Gestational Diabetes
- 🌐 Growing Up with Type 1
- 🌐 My Type 2 Diabetes
- 🌐 Type 2 Diabetes Prevention
- 🌐 Freestyle Libre

[Register for Diabetes My Way](#)

Benefits:

Patients develop a greater understanding of their diabetes, improve their self-management and have more informed discussions with their healthcare team

To access Diabetes My Way visit:



diabetesmyway.nhs.uk/



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